



45th  **NLASLPA** 2024
Conference

*Adapting to a Changing
Landscape*

SEPTEMBER 19-20, 2024
QUALITY INN & SUITES
GANDER, NL

SPEECH PATHOLOGY KEYNOTE

DR. LEAH
HELOU



TRANSLATING VOICE-STRESS PSYCHOPHYSIOLOGY RESEARCH EVIDENCE INTO META-THERAPEUTIC DIALOGUE FOR VOICE THERAPY PATIENTS

Dr. Leah B. Helou (she/her) is a voice-specialized clinician and researcher. She received her Master's degree in Speech and Hearing Sciences from the George Washington University (2004) and her PhD from the University of Pittsburgh (2014). Her research interests are centered on mind-voice pathways. Specifically, in humans, Dr. Helou studies how psychological states and traits impact the voice and vocal motor behaviors. Practicing clinically for the duration of her career, Dr. Helou has 20 years of experience in diagnosing and treating patients with voice disorders. In that domain, she specializes in gender affirming voice and communication and "functional" voice disorders. Dedicated to improving her clinical outcomes as well as her efficacy in training the next generations of SLPs, Dr. Helou introduced and developed the concept of meta-therapy. Meta-therapy refers to the nuanced dialogue used by clinicians to facilitate effective behavioral change. The difference between a novice and an experienced voice clinician is not that one does lip trills and hums better than the other. Rather, the difference is in each clinician's dialogue that reinforces a conceptual framework onto which patients pin individual techniques. In the first half of this session, Dr. Helou will introduce her line of voice-stress psychophysiology research. She will then describe how meta-therapeutic dialogue can be informed and shaped by that evidence to optimize patient outcomes. While the talk centers voice as a case theme, the practice of using research evidence to inform meta-therapy will be relevant to all clinicians working across the age span.

AUDIOLOGY KEYNOTE

DR. GAIL **WHITELAW**



NEURODIVERSITY AND AUDIOLOGY: PATIENT AND PROFESSIONAL PERSPECTIVES AND ASSESSMENT AND TREATMENT ASPECTS OF TINNITUS IN CHILDREN AND ADULTS

Gail M. Whitelaw, Ph.D. is an audiologist and clinical professor at The Ohio State University in Columbus, OH. She teaches coursework in tinnitus, pediatrics, ethics, and professional issues in the Doctor of Audiology (AuD) program and precepts AuD students in their clinical practicum, primarily with tinnitus and APD/functional hearing loss patients. Dr. Whitelaw is also the audiology faculty member on the LEND training grant, designed to build leadership and interdisciplinary clinical practice in a range of healthcare disciplines. She is a past-president of both the American Academy of Audiology and the Ohio Academy of Audiology. She currently serves as the secretary-treasurer of the Accreditation Board for Audiology Education (ACAE).

SHORT SESSION

Spotlight



Deanne Feltham-Scott
PREVENTING STRESS &
BURNOUT



Susan Lawlor
COCHLEAR IMPLANT PROGRAM
CI PILOT PROJECT



Koren Snow
EARLY ONSET PARKINSONS
JOURNEY AND ADVOCACY



Julie Broderick
COCHLEAR IMPLANT JOURNEY



*Anneliese Ellis &
Rachel Terplicky*



F-WORDS FOR CHILD
DEVELOPMENT



Tina Royle
TDHH/AVT SERVICES
IN SCHOOLS

Dr. Paul De Decker
SHORT FILM
UNAPOLOGETIC: CHALLENGING
DISCOMMUNICATION



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