

2021 NLASLPA VIRTUAL CONFERENCE & AMM

# CONNECTIONS ACROSS COMMUNITIES

SEPTEMBER 22-24



# WELCOME!

We are pleased to invite you to the 42<sup>nd</sup> Annual Newfoundland and Labrador Association of Speech-Language Pathologists and Audiologists (NLASLPA) Conference! This three-day event will include many excellent continuing education opportunities for clinicians working in a variety of settings. This is NLASLPA's first virtual conference, and it will be held on September 22<sup>nd</sup>, 23<sup>rd</sup>, and 24<sup>th</sup> 2021. This year's theme, "Connections Across Communities", highlights the importance of maintaining meaningful relationships despite the challenges we may be faced with.

We would like to thank the following members of the conference planning committee for all of their hard work to help make this conference a success:

Alexa-Rae Beaubien, Kimberlyn Cranford, Melissa Kennedy, Beverly Martin, Jeanie Morry, Allison Robbins, and Julia Vincent.

Sincerely,

Emily Goodridge and Hilary Sutton  
2021 Conference Co-Chairs



# SCHEDULE OF EVENTS

| Date                                       | Time              | Event  |
|--|-------------------|--|
| <b>DAY 1:</b><br>Wednesday<br>22 September | 10:30am - 11:30am | <b>Session 1: Regulation and the College of Audiologists and Speech-Language Pathologists of Newfoundland and Labrador (CASLP-NL): What SLPs and Audiologists need to know?</b><br>Judy Davidson<br>Janine O'Malley                            |
|  | 11:30am - 1:00pm  | LUNCH BREAK (TRIVIA AT 12:00pm)  |
|  | 1:00pm - 2:00pm   | <b>Session 2: Strongest Families Institute: Program Overview</b><br>Kati LaVigne<br><br><b>Session 3: Application of Wideband Acoustic Immittance in the Assessment of Newborns, Children and Adults</b><br>Dr. Navid Shahnaz, Ph.D., Aud. (C) |
|  | 2:00pm - 2:30pm   | BREAK  |
|  | 2:30pm - 3:30pm   | <b>Session 4: Treating Aphasia Step-by-Step</b><br>Megan Sutton, M.S., CCC-SLP<br><br><b>Session 5: Bone Anchored Hearing Aid Fitting/Verification</b><br>Dr. Bill Hodgetts, PhD, R.Aud  |
| <b>DAY 2:</b><br>Thursday<br>23 September  | 8:00am - 8:45am   | MEGAN HUMPHREY YOGA  |
|  | 9:00am - 12:00pm  | <b>Session 6: SLP Keynote</b><br>Kelsey Day, MS, SLP-CCC<br><br><b>Session 7: Audiology Keynote</b><br>Dr. Christopher Spankovich, Au.D., Ph.D., M.P.H.  |
|  | 12:00pm - 1:00pm  | LUNCH BREAK  |
|  | 1:00pm - 4:00pm   | <b>Session 6: SLP Keynote</b><br>Kelsey Day, MS, SLP-CCC<br><br><b>Session 7: Audiology Keynote</b><br>Dr. Christopher Spankovich, Au.D., Ph.D., M.P.H.  |

# SCHEDULE OF EVENTS

| Date                                    | Time   | Event  |
|---|--|--|
| <b>DAY 3:</b><br>Friday<br>24 September | 8:30am - 10:00am   | ANNUAL MEETING OF MEMBERS  |
|   | 10:00am - 10:30am  | BREAK  |
|   | 10:30am - 11:30am  | <b>Session 8: Early Childhood TBI: Little Brains, Big Impact.</b><br>Carly Cermak, PhD., M.Cl.Sc, Reg. CASLPO, SLP (C) |
|   |  | <b>Session 9: Age Related Hearing Loss</b><br>Dr. Barbara Weinstein, Ph.D.   |
|   | 12:00pm - 1:30pm   | LUNCH BREAK / MANUFACTURERS FORUM  |
|   | 1:30pm - 2:30pm  | <b>Session 10: Incorporating Technology into the Speech Therapy Room</b><br>Hallie Sherman, M.S., SLP-CCC              |
|   |  | <b>Session 11: Building Personal Resiliency</b><br>Deanne Scott-Feltham, M.Ed.   |
| 2:30pm - 3:00pm                         | BREAK  |  |
| 3:00pm - 4:00pm                         | <b>Session 12: The Truth About Autism Assessments: ADOS is NOT a Verb!</b><br>Mindful Matters Team                                   |  |
|   | <b>Session 13: Real Ear Measurements in Children and Work-Up for Congenital Pediatric Hearing Loss</b><br>Dr. Paul Hong, M.D., Ph.D. |  |

THE 2021 NLASLPA VIRTUAL CONFERENCE IS PROUD TO SUPPORT:



*"Newfoundland & Labrador's Food Bank"*

\$5.00 from each conference registration fee will be donated to the Community Food Sharing Association.

Stay tuned to our social media accounts for details on a virtual fundraising event!

## Tinnitus Patient Care Pathway



**Dr. Christopher Spankovich,  
Au.D., Ph.D., M.P.H.**

Christopher Spankovich is an Associate Professor and Vice Chair of Research for the Department of Otolaryngology and Head-Neck Surgery at the University of Mississippi Medical Center. He obtained his MPH from Emory University, AuD from Rush University, and PhD from Vanderbilt University.

Dr. Spankovich is a clinician-scientist with a translational research program focused on prevention of acquired forms of hearing loss, tinnitus, and sound sensitivity. His research includes clinical trials of otoprotectants, epidemiological studies of determinants (e.g. dietary quality) of hearing loss/tinnitus, basic research in thermal stress for prevention of ototoxicity, and translational research on the effects of noise on auditory physiology/perception.

Dr. Spankovich continues to practice clinically with special interest in tinnitus, sound sensitivity, ototoxicity, hearing conservation, and advanced diagnostics. He holds Adjunct faculty status with Salus University, Nova Southeastern University, and Towson University and serves as an Associate Editor for the International Journal of Audiology. He is currently on the Board of Directors of the American Academy of Audiology.

## Dysphagia Diagnostics for the Acute Care SLP



**Kelsey Day, M.S., CCC-SLP**

Kelsey Day is an acute care Speech-Language Pathologist (SLP) who specializes in dysphagia management for the medically complex, critically ill, and tracheostomy dependent populations. She now serves as the Lead SLP at California Hospital Medical Center, a trauma and stroke center in downtown Los Angeles, where she supervises a team of nine SLPs. Kelsey demonstrates her commitment to the education of new medical SLPs through her mentorship for the Medical SLP Collective and supervision of graduate student clinicians and Clinical Fellows in the acute care setting. She is a guest lecturer at several graduate level SLP programs, course creator and presenter of “Clinical Writing for Dysphagia Diagnostics”, and special guest on the “Swallow Your Pride” and “Speech Uncensored” podcasts.

Affiliations: Department of Rehabilitation,  
California Hospital Medical Center

# SHORT SESSION PRESENTATIONS

## Regulation and the College of Audiologists and Speech-Language Pathologists of Newfoundland Labrador (CASLP-NL) - What SLPs and Audiologists need to know?



Speech-Language Pathology and Audiology have been regulated professions in Newfoundland and Labrador since 2013. This presentation will review the role and function of CASLP-NL as part of the Newfoundland and Labrador Council of Health Professionals. The questions “what does the college do for me?” and “what can I expect from regulation” will be addressed. Questions to the presenters will be encouraged.

**Judy Davidson** is the Professional Practice Consultant for Speech-Language Pathology and Manager of Audiology at Eastern Health. **Judy** completed her graduate training in Speech Language Pathology at the University of British Columbia in 1990, and worked 18 years in clinical practice with a focus on Adult communication disorders. Judy has worked in different management positions with Eastern health for the last 13 years.



**Janine O'Malley** is the Deputy Registrar of the Newfoundland and Labrador Council of Health Professionals (NLCHP). A graduate of the Memorial University Commerce class of 2006, Janine has over ten years experience in health human resource management and policy development. Starting her career with Eastern Health, Janine spent five years working within various human resources roles before moving to the Department of Health and Community Services where she spent five years as a Manager of Health Workforce Planning. Janine joined the NLCHP in May 2019. Janine is currently pursuing a Masters in Health Law at York University.

## Strongest Families Institute: Program Overview



Strongest Families Institute (SFI) is an award-winning charity grounded in 20 years of social science research. Their evidence-based, bilingual mental health services are available for children/youth, adults, and their families, when and where they need it. SFI's services improve mental health and well-being by leveraging the advantages of best science, their highly skilled telephone coaches, and their innovative technology (IRIS). SFI's main focus is helping with common childhood behavioural challenges and anxiety in children, youth and adults. They target mild to moderate problems so health care professionals can be freed up to focus on more complex or severe conditions. SFI compliments the current system by bridging the access gap to services.

## Application of Wideband Acoustic Immittance in the Assessment of Newborns, Children and Adults



As Wideband Acoustic Immittance gains popularity, it is essential to understand the impact of different middle ear pathologies on Absorbance patterns. The purpose of this talk is to cover the general principles of absorbance/reflectance techniques and examine absorbance patterns in normal infants, children and adults, and those with various middle ear pathologies. How absorbance results in cases of otitis media with effusion, negative middle ear pressure, tympanic membrane perforation, PE tubes, otosclerosis, ossicular discontinuity, rheumatoid arthritis, and the superior canal dehiscence will be discussed. Where applicable, absorbance patterns obtained at ambient pressure as well as pressurized mode (Wideband Tympanometry) will be reviewed and compared with traditional tympanometric results.

**Dr. Navid Shahnaz** has been a Speech-Language and Audiology Canada (SAC) certified member since November 1995. Currently, he is an associate professor of audiology in the School of Audiology & Speech Sciences at the University of British Columbia (UBC), where he has been since July 2002.

# SHORT SESSION PRESENTATIONS

## Treating Aphasia Step-By-Step



For clinicians new to treating aphasia or those who need to update their knowledge, this talk will take you through the basics of setting goals, performing assessments, delivering treatments, and selecting home programs for people with aphasia from acute rehab through to the community. Learn the latest information and current best practices in aphasia rehabilitation to help you feel more confident in helping people with aphasia and their families in this practical course.

**Megan Sutton** is a Vancouver-based speech-language pathologist & international speaker who specializes in aphasia and technology through her app development company Tactus Therapy.

## Bone Anchored Hearing Aid Fitting/Verification



Objective assessment of audibility provided to an individual patient by bone conduction devices (BCDs) has remained an elusive challenge for many years. Unlike the fitting of air conduction hearing aids, where individual real ear measures have validated, understood, and well-defined processes where both the targets for amplification and the actual output of the device can be assessed on the same SPLogram or SpeechMap, clinicians working with bone conduction still often resort to the use of aided soundfield thresholds to assess the fitting of the BCD. Unfortunately, aided thresholds are known to provide limited information regarding: (1) the output of the BCD with respect to speech or a speech-like input, (2) the dynamic range (DR) of the device, or (3) the input/output characteristics of the device under test. In this talk, Bill will cover these new approaches and review their strengths, limitations and future directions.

**William (Bill) Hodgetts** is a professor in the Department of Communication Sciences and Disorders at the University of Alberta. He holds a joint appointment at the Institute for Reconstructive Sciences in Medicine (iRSM) where he is Director for audiology and bone conduction amplification (BCA). He obtained his B.A. (Psychology) and M.Sc. (Audiology) from the University of Western Ontario and his PhD (Rehab Sciences) from the University of Alberta.

## Early Childhood TBI: Little Brains, Big Impact



A traumatic brain injury (TBI) that occurs during childhood is significant, as this is a critical period of development. The most predominant factor impacting recovery is severity of TBI, however evidence suggests that age also plays a factor in recovery. Despite the vulnerability imposed by early childhood TBI, little is known about language outcomes after injury. Understanding language outcomes across all stages of recovery is an essential first step towards improving pediatric TBI management. In this presentation Carly will describe language and cognitive communication impairments in children with TBI, measures that are sensitive to detecting these impairments, and factors to consider when interpreting clinical assessment performance.

**Dr. Carly Cermak** is a researcher and clinical Speech-Language Pathologist in the field of childhood language disorders. Dr. Cermak's clinical experiences includes working with young children and parents in early intervention services and working with school-aged children in brain injury rehabilitation services. Dr. Cermak completed her doctoral degree in Rehabilitation Sciences at the University of Toronto and her clinical masters degree in Communication Sciences and Disorders at the University of Western Ontario. Dr. Cermak is currently working as a post-doctoral fellow in the field of preschool language disorders at the University of Western Ontario.

# SHORT SESSION PRESENTATIONS

## Age Related Hearing Loss



**Dr. Barbara E. Weinstein** received her Ph.D. from Columbia University where she began her academic career as a young faculty member. A Professor and Founding Executive Officer of the Health Sciences Doctoral Programs at the Graduate Center, CUNY, Dr. Weinstein also holds a position as an Adjunct Professor of Medicine at NYU Langone Medical Center in NYC. Professor Weinstein developed the world's most widely used tool to identify patients with hearing loss which has been translated into 20+ different languages and is used globally to document the negative health effects associated with age related hearing loss and the outcomes associated with hearing aid use, audiologic rehabilitation, and counseling. Dr. Weinstein's primary research interests include hearing loss, dementia and social isolation, physician-patient communication, screening of age-related hearing loss, person-centered care delivery and quantification of patient reported outcomes. During the pandemic she was instrumental in raising awareness about the impacts of mitigation strategies on communication. Dr. Weinstein has long advocated for the integration of hearing health care into the mainstream be it cultural, medical or religious institutions. Her research on hearing loss, face masks-COVID-19, dementia, and social consequences of hearing loss, have profound implications at the intersection of audiology, public health, and society.

## Incorporating Technology into the Speech Therapy Room



Many SLPs working with school-aged children do not realize the amount of therapy activities that can be designed around various forms of technology. The presenter will choose a variety of free websites available on the Internet and systematically address practical ways to use each one to target different areas of communication (articulation, language, and pragmatics). All of the suggested therapy ideas will be direct, evidence-based, related to common core, interactive, and engaging. Participants will walk away with practical therapy ideas they can use the very next day. They will also have the framework necessary to design their own ideas using websites and technology tools they find themselves. Participants will have an understanding of the importance of providing engaging, evidence-based, and interactive activities with school-aged children.

**Hallie Sherman, M.S. CCC-SLP** currently works full time in a public school in New York, servicing students with speech and language needs. She has experience working with children of all ages, preschool through high school. She also shares ideas and resources on her blog and Teachers Pay Teachers store, Speech Time Fun. She realized early on in her career that she had to find ways to make lesson planning easier so that she can leave work at work, spend more time with her children, yet still execute fun and engaging lessons that will help her students work towards their goals.

## Building Personal Resiliency



Resilient employees make resilient organizations. People who are supported by their employers, motivated and equipped are best positioned to overcome obstacles and distractions. A resilient person can bounce back and thrive when they encounter major challenges. Being resilient is a key element in overall well-being.

**DeeAnne Feltham-Scott** has worked at WorkplaceNL for 20 years in Prevention Services. She is currently employed as an OHS Educational Consultant with a focus on psychological health and safety. She is a Canadian Certified Safety Professional (CRSP), Psychological Health and Safety Advisor (CMHA) and holds a Master of Education degree in Adult Education.



## SHORT SESSION PRESENTATIONS



### The Truth About Autism Assessments: ADOS is NOT a Verb

SLPs play a crucial role in helping to identify, flag, and refer clients in need of ASD assessments. We often field many questions from concerned parents regarding the diagnostic process and what will be involved during an ASD assessment. In this presentation, we aim to demystify the assessment process by explaining what is involved in an ASD diagnosis, why it is much more than just administering the ADOS-2, how the DSM-5 diagnostic criteria are applied, and how SLPs can contribute to the process. This presentation will be completed by various members of the Mindful Matters team: **Kim French (SLP)**, **Lori Penney (SLP)**, **Florence Strang (R.Psych & CEO of Mindful Matters)**, and **Kimberly Maich (R.Psych)**.



### Real Ear Measurements in Children and Work-Up for Congenital Pediatric Hearing Loss

The first part of this presentation will discuss the general work-up for congenital hearing loss in children. The second part will discuss the use of real ear measurements for accurate hearing assessments in pediatric patients.

**Dr. Paul Hong** is a professor in the Department of Surgery and the School of Communication Sciences and Disorders at Dalhousie University. He is a pediatric otolaryngologist specializing in craniofacial syndromes and pediatric bone conduction implantation.

## SOCIAL EVENTS

**Wednesday, Sept 22 at 12:00pm: LUNCH TIME TRIVIA**  
Join us for trivia hour! Prizes will be awarded to the top 3 teams!

**Thursday Sept 23 at 8:00am: MEGAN HUMPHREY YOGA**  
Ease into your day with a 45 minute yoga flow; leaving you feeling both energized and relaxed. Suitable for all levels.



**Friday, Sept 24 at 12:00pm: MAUNFACTURERS FORUM**  
Tune in for an interactive session featuring various Audiology and Speech-Language Pathology sponsors. Several prizes will be awarded for attendees.

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# 2021 VIRTUAL CONFERENCE: REGISTRATION FORM

Wednesday, September 22 - Friday September 24

|              |         |
|--------------|---------|
| NAME         | ADDRESS |
| PROFESSION   | PHONE   |
| ORGANIZATION | EMAIL   |

## SESSION SELECTION

Please indicate your session preferences. All session numbers are indicated on the schedule of events.

| WEDNESDAY                  |                                 | THURSDAY                      |                              | FRIDAY                      |                             |
|----------------------------|---------------------------------|-------------------------------|------------------------------|-----------------------------|-----------------------------|
| <input type="checkbox"/> 1 | <input type="checkbox"/> 4      | <input type="checkbox"/> 6    | <input type="checkbox"/> AMM | <input type="checkbox"/> 10 | <input type="checkbox"/> 13 |
| <input type="checkbox"/> 2 | <input type="checkbox"/> 5      | <input type="checkbox"/> 7    | <input type="checkbox"/> 8   | <input type="checkbox"/> 11 |                             |
| <input type="checkbox"/> 3 | <input type="checkbox"/> TRIVIA | <input type="checkbox"/> YOGA | <input type="checkbox"/> 9   | <input type="checkbox"/> 12 |                             |

## CONFERENCE REGISTRATION FEES

Please circle the pricing option that applies to you.

|                 | NLASLPA MEMBER |         | NLASLPA STUDENT MEMBER |         | NON-MEMBER |          |
|-----------------|----------------|---------|------------------------|---------|------------|----------|
|                 | Early Bird     | Regular | Early Bird             | Regular | Early Bird | Regular  |
| FULL CONFERENCE | \$65.00        | \$75.00 | \$40.00                | \$45.00 | \$90.00    | \$105.00 |
| WEDNESDAY ONLY  | \$15.00        | \$20.00 | \$15.00                | \$20.00 | \$25.00    | \$30.00  |
| THURSDAY ONLY   | \$40.00        | \$50.00 | \$20.00                | \$25.00 | \$70.00    | \$80.00  |
| FRIDAY ONLY     | \$15.00        | \$20.00 | \$15.00                | \$20.00 | \$25.00    | \$30.00  |

EARLY BIRD DEADLINE: AUGUST 27<sup>th</sup> 2021 - REGULAR DEADLINE: SEPTEMBER 22<sup>nd</sup> 2021

A \$25 gift card will be drawn for those who take advantage of early bird pricing!

## PAYMENT METHOD

CASH  CHEQUE  Purchase Order  E-Transfer (EMT)

Make cheques payable to NLASLPA, and send to NLASLPA PO Box (Address located on [www.nlaslpa.ca](http://www.nlaslpa.ca)).

EMT's can be sent to: [treasurer.nlaslpa@gmail.com](mailto:treasurer.nlaslpa@gmail.com) (Please use password: NLASLPA).

**Please return registration forms to:**

**Kimberlyn Cranford**  
**NLASLPA Treasurer**  
**Treasurer.nlaslpa@gmail.com**  
**P.O. Box 21212**  
**St. John's NL A1A 5B2**

**Cheques MUST accompany the registration form to qualify for Early Bird Pricing.**

If registration is being paid by the employer, a PO number and/or letter of intent is accepted. This information will qualify registrations for the Early Bird rate, but must be submitted to the NLASLPA treasurer prior to the Early Bird deadline.

Full refund will be given up to and including the day of registration. 50% refunds will be given with written request following the conference.